



### **Covid-19 Precautions and Regulations**

Dear parent/guardian,

Please find below the regulations that your child needs to adhere to when attending therapy sessions at Loreto Convent School. Should these regulations not be adhered to, the therapy session cannot take place and will need to be rescheduled. The precautions that the therapist has taken, in accordance with the Occupational Health and Safety Act and Regulations specified by the Department of Health, are also listed below:

#### **Covid-19 Safe Operating Regulations- Regulations followed by children:**

1. If a child only comes to school to attend a therapy session, the therapist will fetch the child at the gate, as no parents are allowed on the premises. The parent/accompanying person will wait in the car and the therapist will take the child back once the therapy session is completed.
2. Both the child coming for therapy and the therapists have to wear face masks or face visors.
3. The children will need to wash their hands/sanitize with alcohol spray before entering the therapy room and again after leaving the room.
4. The temperature of the children will need to be taken before entering the school premises. If the temperature is above normal (37.5 degrees), they will not be permitted to enter the school property, and will thus not be able to attend therapy.
5. Children/parents (in cases of young children) will need to honestly answer the school's Covid19 screening questionnaire before entering the school premises. If any symptoms of Covid19 are present, they will not be allowed to enter the school property and will thus not be able to attend therapy.
6. Parents must read through and complete the consent form to consent to therapy with Meugnet Georgiou and/or Lee-Ann van Niekerk.
7. Social distance of at least 1 meter will be adhered to during therapy sessions as far as possible. Physical contact between therapists and children will be avoided as much as possible. No hugging/holding hands/high fives will be allowed; please explain this in advance to your child.
8. Prepare your child at home regarding wearing of a mask. It is recommended that parents also purchase a visor for their children who are in articulation therapy, as this makes it easier to see the child's mouth during speech therapy sessions.
9. No visitors are allowed during therapy sessions.
10. Greet the new way – at a distance.
11. Avoid touching your nose, mouth and eyes.

12. Do not send your child to therapy if you, your child or anyone living in your home have a fever, cough, sore throat, body aches, headache, loss of smell, vomiting, diarrhea. Please inform the therapists should you display any of these symptoms and cancel/reschedule your appointment.

**Regulations followed by the therapists:**

1. All staff's, including school staff, cleaning staff and therapist's temperature will be taken on arrival at the school.
2. Therapists will sanitize their hands immediately when entering the premises.
3. Therapists will complete the Covid-19 screening questionnaire upon arrival at the school.
4. Should their temperature be above 37.5°C or they display any symptoms such as a cough, sore throat, etc. they will not be allowed on the premises.
5. All staff and therapists to wear a face mask or shield at all times when in contact with clients or other staff members.
6. The school's temperature kit will be used to take temperature.
7. In the event that a therapist has no other option but to touch a child (such as positioning them during an activity or correcting their finger grasp while writing) they will immediately sanitize their hands after doing so, before touching any other materials.
8. Therapists will sanitize/wash their hands before and after each client's therapy session. Alcohol disinfecting spray will also be at hand throughout the session in case of contact. Regular disinfection will occur as part of the transitions from one activity to another.
9. Limited therapy equipment will be used which will be disinfected with Milton and/or an alcohol-based disinfectant between each client. Clients will not be permitted to share materials. Where more than one client is seen together, each will have his/her separate table and chair, toys, sensory materials, art materials, etc. This will be kept in a box designated only for that specific child. Children will need to bring their own stationary to the therapy sessions to avoid sharing with others. There will be a designated disinfection area in the therapy rooms.
10. Therapy sessions will be scheduled 15-30 minutes apart to ensure sufficient time to sanitize all equipment and the therapy room between clients.
11. As the therapy rooms both have carpets, most activities will take place while sitting at the table (as it is more practical to disinfect these surfaces). Where children are required to be on the floor (such as gross motor activities), an exercise mat will be provided which can be easily disinfected.
12. The therapy room will remain well-ventilated, with open windows.

We look forward to resuming therapy in as safe a way as possible.

Kind regards,

*Meugnet Georgiou*

Speech-Language Therapist

*Lee-Ann van Niekerk*

Occupational Therapist