

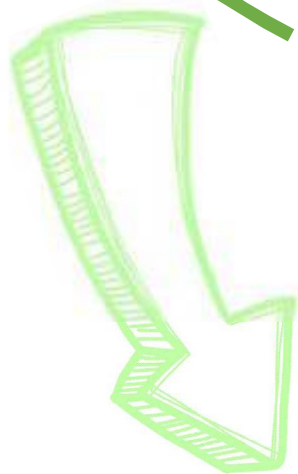


Stranger Danger



NAME: _____

Make a list below of
people that make
you feel SAFE,
LOVED and
HAPPY?



Handwriting practice lines consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line.



Safe Touch

A safe touch is a touch that makes you feel safe, warm and loved. An example would be snuggling or cuddling with someone you love, pats on the head/shoulder, handshakes and hugs.



Confusing Touch

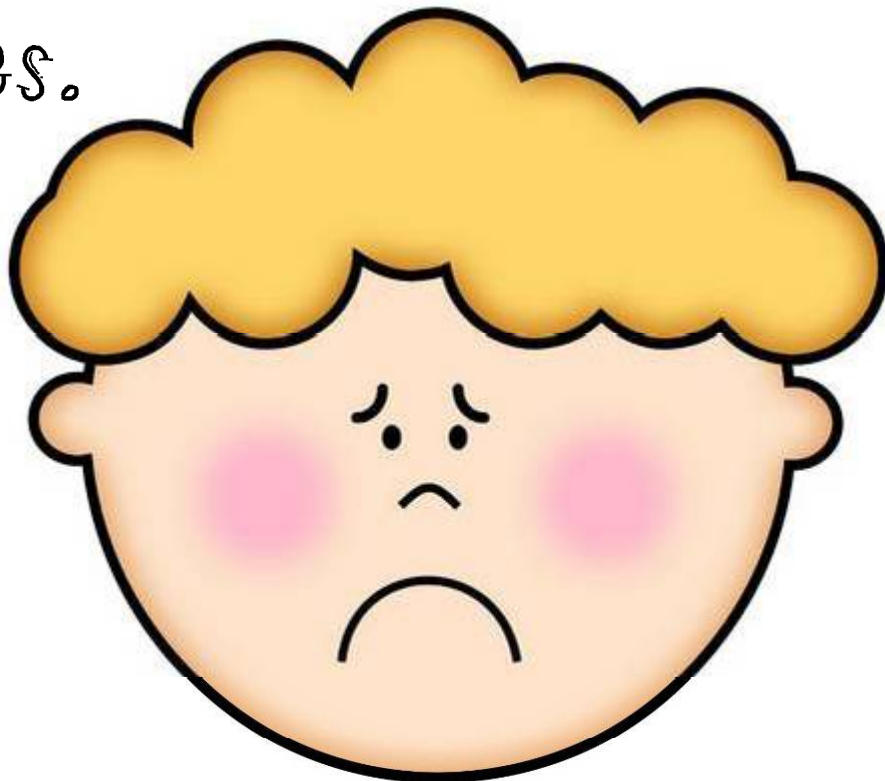
A confusing touch is a touch that makes you feel mixed up or uneasy. A confusing touch can start out as a safe touch but ends up not being okay. An example is tickling that starts out with laughter but the person won't stop when you ask them to.



Unsafe Touch

An unsafe touch is a touch that makes you feel bad, uncomfortable or scared.

A unsafe touch can hurt and leave bruises or broken bones.



Personal Body Safety Rules

1. Say "NO" in a strong, brave voice.

NO!



2. Get away to a safe place.

3. Tell a grown-up you can trust.

Dad

Teacher

Mom

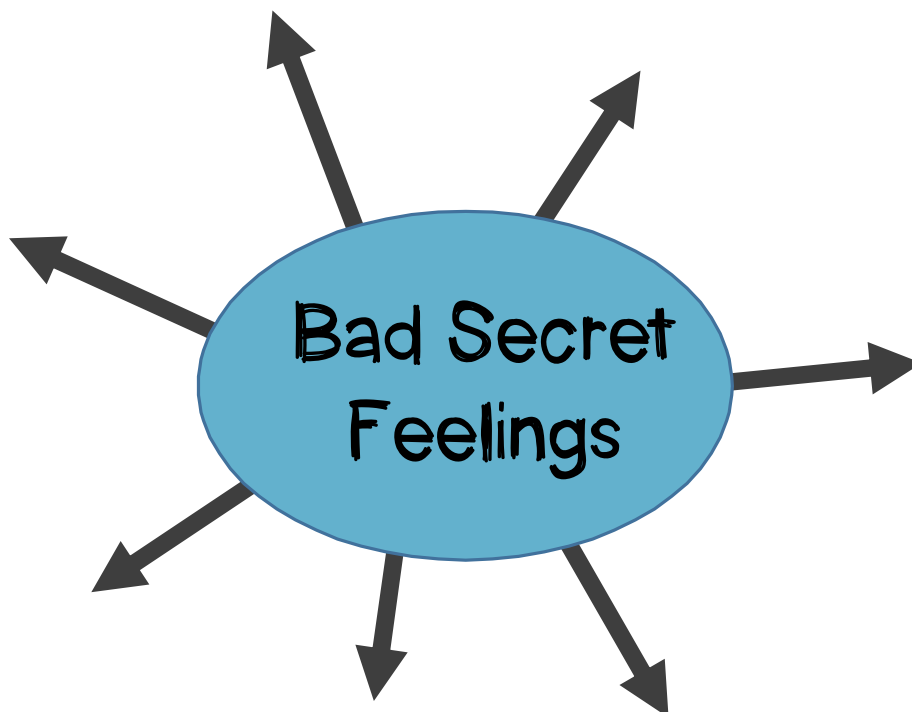
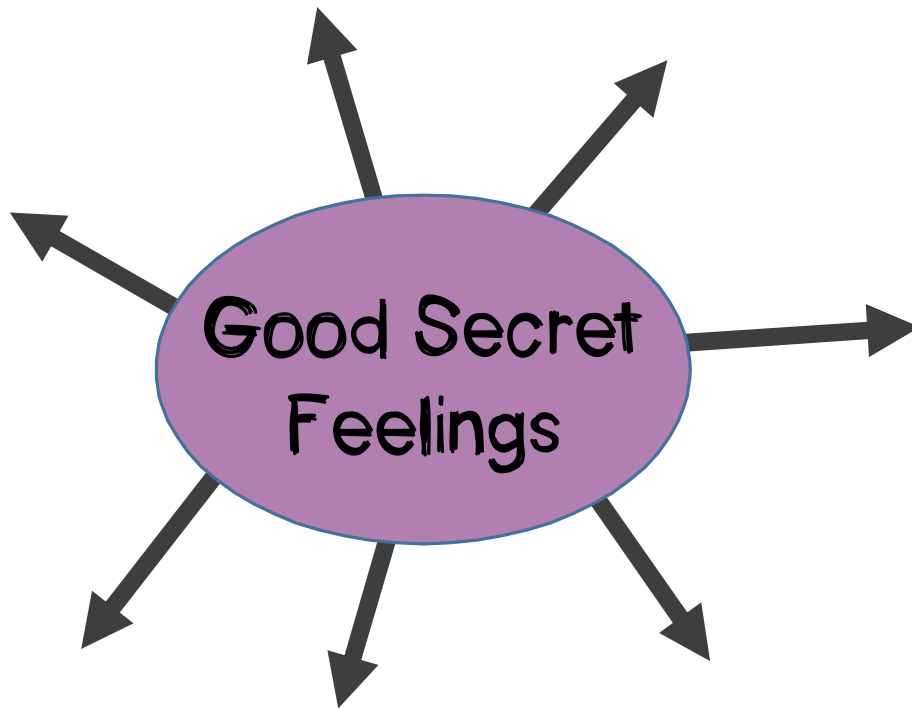
School
Counselor

Good Secret/ Bad Secret

Do you know the difference?

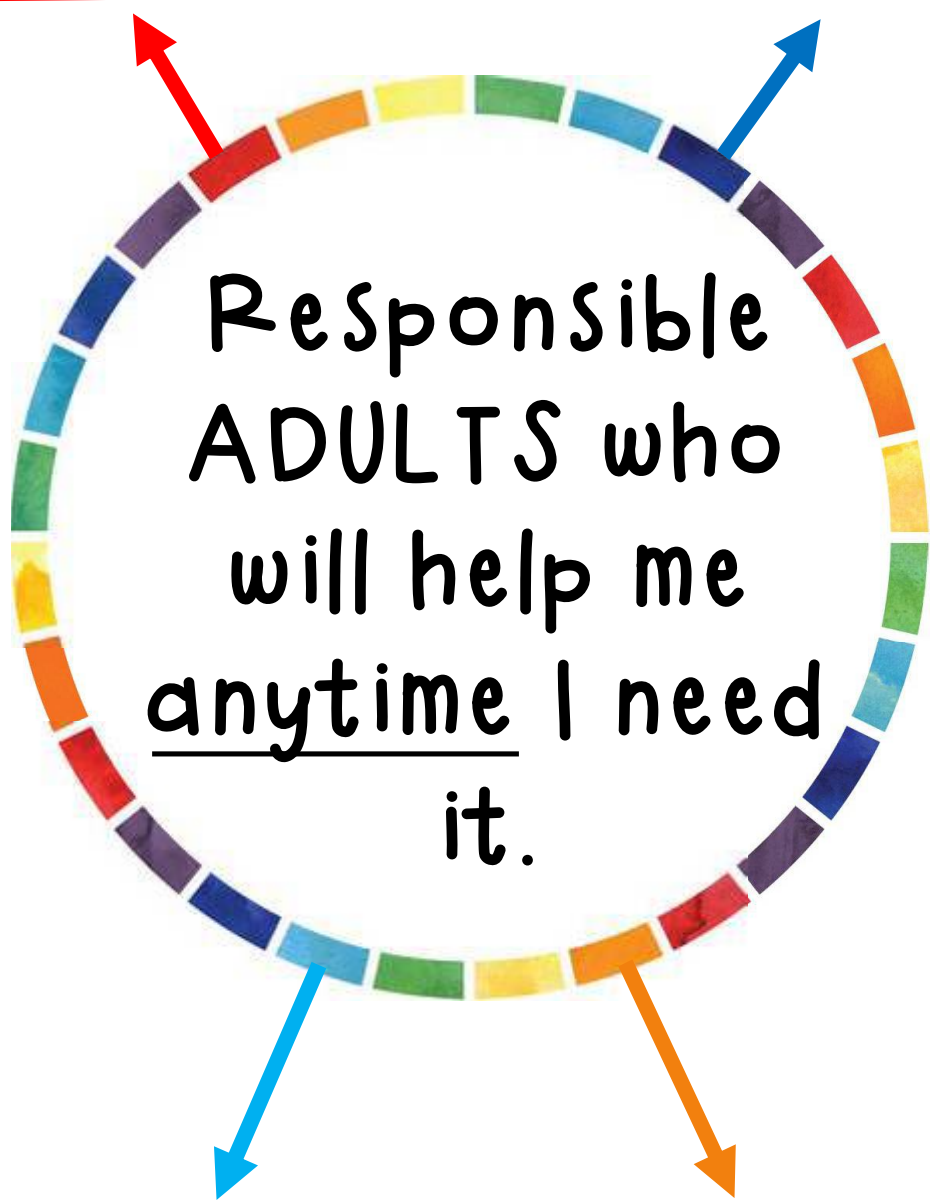
Ask students:

1. You have a journal or diary that only you write in. * Good Secret
2. Having a friend tell you not to play anymore with a boy in your class. *Bad Secret
3. Your dad buys your mom a gift for her birthday and asks you not to tell her about it. * Good Secret
4. Going to a surprise party for your grandmother. * Good Secret
5. Someone is bullying you or a friend. *Bad Secret
6. Someone brings a weapon to school and asks you not to tell the teacher. * Bad Secret
7. You see another student cheating on a test. *Bad Secret
8. Keeping your telephone number private. *Good Secret
9. Someone tries to enter or break into your house when they haven't been invited. *Bad Secret
10. If you got flowers for your Aunt's birthday. *Good Secret



Make a list of 4 ADULTS that you can talk to if you are having a problem. They can be from home, school, sports or your neighborhood.

Save this list and talk to them if you need help.



Who would you go to for help?

In each of the places below, write at least two people who would help you.



Home

School

Neighborhood

Store or
Sports Event

Personal Body Safety

An understanding that your body is special and that NO ONE should touch your body in a way that makes you feel uncomfortable, sad, angry or embarrassed.

Private Parts



The parts of your body that are covered by a bathing suit.

Safe Touch



A touch that makes you feel safe, comfortable and happy.

An example would be a Hi-5 from your teacher.

Confusing Touch

A touch that makes you feel uncomfortable. An example would be when a friend is tickling you and when you ask him to stop he doesn't.

Unsafe Touch



A touch that makes you feel scared, unhappy or hurt.

Good Secret



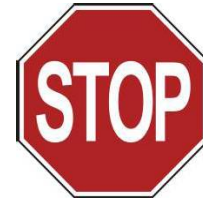
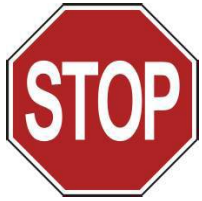
A secret that makes you feel comfortable and safe. Example, your mom is having a surprise birthday party Saturday.

Bad Secret



A secret that makes you feel scared or worried. Example, there is going to be a fight afterschool.

Safety Strategies



- Never get into a car with strangers.
- Keep a safe distance from strangers.
- Don't take gifts from strangers.
- Run to a safe place like a neighbors house, school or store if you get scared.
- Use the buddy system and walk in groups.
- Never take an unfamiliar way home.
- Scream and yell if a stranger come close and tries to grab you.
- Walk with confidence.
- Be aware of your surroundings.
- Never meet anyone in person that you met on social media or the computer.
- Don't open emails , text messages or invitations for play the x-box or other games.
- Tell your parents/ guardians where you are at all times.
- Tell an adult right away if anything happens that makes you feel uncomfortable.

What would YOU do?



Scenario #1

You are walking home from school and a car with 2 people pull up beside you and start asking you what your name is and where you live. What would you do?

Write you answer below.

What would YOU do?



Scenario #2

You receive an anonymous text that asks you what your name is and what school you go to you. What would you do?

Write you answer below.

What would YOU do?



Scenario #3

You are playing a video game and a chat box appears with a name you don't know – The person wants to know if he can join your game. What would you do?

Write your answer below.

What would YOU do?



Scenario #4

You are chatting with someone online who you don't know. They says that they are a 8 year old boy. He seems really nice and even sent a picture. He now wants to meet you in person so you can play video games together. What would you do?

Write you answer below.
